





With your first step onto a Landice treadmill you become part of a unique workout experience — one that delivers a health-club quality workout in the privacy of your own home.

This is the philosophy that underlies the design of the L Series treadmills. Built to full institutional standards, these treadmills offer the latest in engineering technology combined with old-fashioned American craftsmanship.

Soft styling enables these treadmills to blend into any environment, but don't be fooled by their refined looks and whisper-quiet operation. Underneath the hood is the raw power of a **4 horsepower** continuous-duty drive motor.

Landice has manufactured treadmills for over 40 years. We have placed over 100,000 units in the harshest commercial environments. Because we use the same time-tested commercial grade components in all our treadmills, only Landice can offer a residential bumper-to-bumper Assignable Lifetime Warranty.

#1 Rated Company

Landice is consistently rated #1 by the world's leading consumer magazines. In a "Runner's World" magazine survey of over 2,000 users who owned or used a Landice at a gym or corporate fitness center, Landice was rated number one in customer satisfaction.





LANDICE

L Series Treadmills are available in two frame sizes; L7 and L8.

Each frame is available with your choice of four control panels and two shock absorption systems.

L Series Features

- 0.5 to 12.0 mph speed range
- 15% grade elevation
- 4 HP continuous-duty drive motor
- 1-inch thick reversible deck
- Rust-free aluminum frame
- Integrated reading / accessory rack
- iPod pocket with Landice PodGrip™
- Personal cooling fan
- High powered stereo speaker system

L8 Frame Highlights

- 22" x 63" four-ply treadbelt
- 3-1/2" diameter, 22-pound steel rollers
- 500-pound user weight capacity
- 35" x 83" footprint

L7 Frame Highlights

- 20" x 58" four-ply treadbelt
- 2-1/2" diameter, 14-pound steel rollers
- 400-pound user weight capacity
- 35" x 76" footprint

L Series Shock Absorption Systems

- Standard VFX Shock Absorption (5 times softer-than-grass)
- Optional Orthopedic Shock Absorption (7 times softer-than-grass)

L Series Options

- Landice Vision System - 15" TV with built-in DVD player
- Tablet Bracket holds an iPad or a variety of other devices for ease of use and optimal viewing angles
- VESA-D Bracket - Mount your own TV or computer monitor

High-Tech Entertainment Center

Standard on all Landice Treadmills



PodGrip™ holds device in place

High powered stereo speakers

cooling fan

iPhone, iPod or MP3 connectivity*

Water bottle holder

Accessory pocket

Contact heart-rate monitoring**

LANDICE

EXECUTIVE

7 8 9
4 5 6
1 2 3
0 ENTER

START

PAUSE

STOP

204
CAL/HR
Time 21.50 Miles 0.57 Pulse 77 Cals 72

SPEED
12.0 MPH

GRADE
15%

+
-
SPEED

+
-
GRADE

SPEED QUIET KEYS GRADE

BACK MENU NEXT

Treadmill

*iPhone, iPod, MP3 not included
**Optional on Pro and Pro Sports Treadmills

Executive Control Panel



The Executive panel features a computer-animated video display with state-of-the-art graphics.

High-Tech Entertainment Center not shown

- Personal data and statistics storage for five family members
- Numeric keypad for easy data entry
- 5 Built-in programs with variable time, speed and elevation
- 5 User-defined programs
- Time, distance, and calorie goal programs
- Motivate family members with Exercise Savings Accounts™
- 6 fitness tests: Balke, Firefighter, Army, Navy, USMC, USAF
- 2 Built-in heart-rate monitoring programs
- 4 User-defined heart-rate monitoring programs
- Displays data in English or metric configurations
- Standard wireless-chest-strap heart-rate monitoring system
- Standard AccuTrack contact heart-rate monitoring system

VERTICAL SITUATION INDICATOR



TRAINING CALENDAR

Today is: TUESDAY, JANUARY 12, 2010

SUN	MON	TUE	WED	THU	FRI	SAT	TIME
22	23	24	25	26	27	28	0:00
29	30	1	2	3	4	5	0:00
6	7	8	9	10	11	12	0:00
13	14	15	16	17	18	19	0:00
20	21	22	23	24	25	26	0:00
27	28	29	30	31	1	2	0:00
3	4	5	6	7	8	9	0:00
10	11	12	13	14	15	16	0:00

8 Week = ACTIVITY ON THAT DATE View Stats

USER SELECTABLE SCENERY



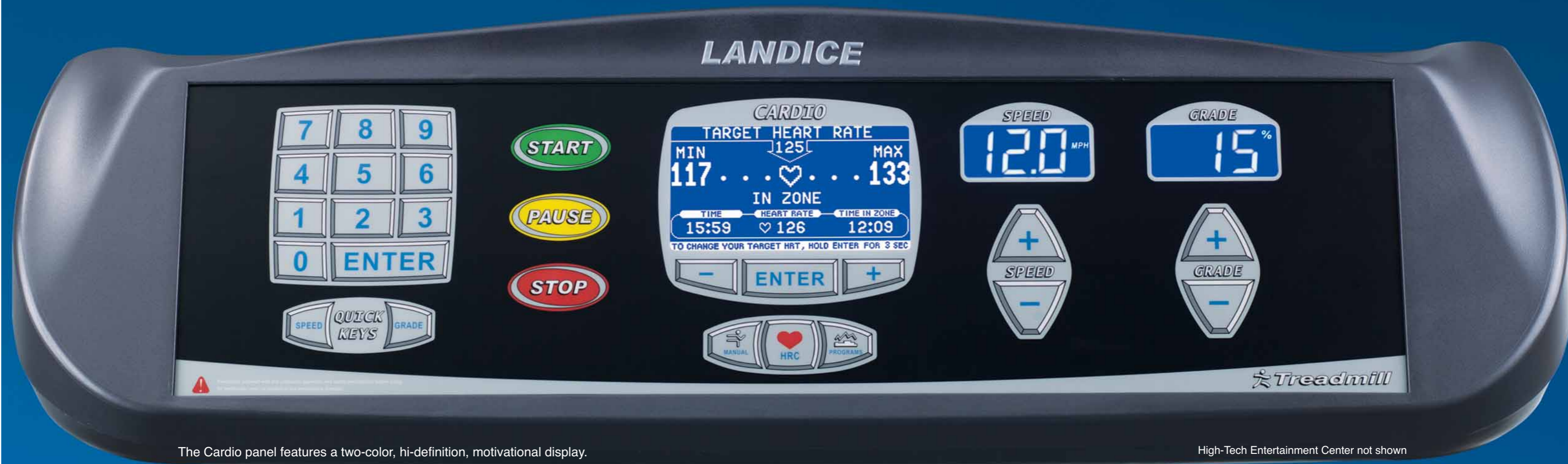
TRACK WITH RACE MODE



EXERCISING SAVINGS ACCOUNTS



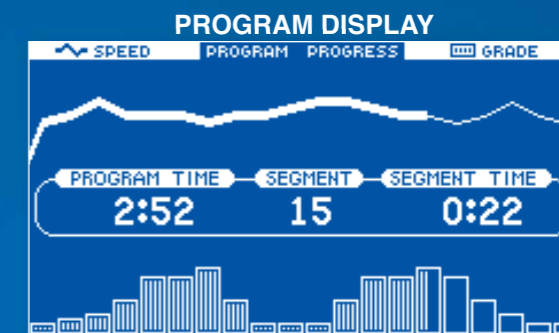
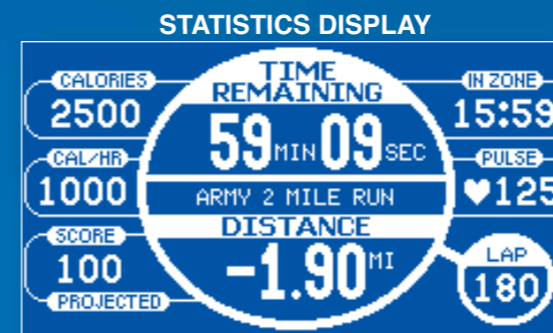
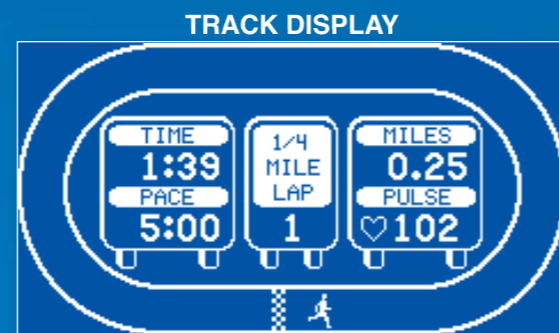
Cardio Control Panel



The Cardio panel features a two-color, hi-definition, motivational display.

High-Tech Entertainment Center not shown

- Personal data and statistics storage for two family members
- Numeric keypad for easy data entry
- 5 Built-in programs with variable time, speed and elevation
- 5 User-defined programs
- Time, distance, and calorie goal programs
- 3 Fitness tests: Balke, Firefighter, Army
- 2 Built-in heart-rate monitoring programs
- 2 User-defined heart-rate monitoring programs
- Displays data in English or metric configurations
- Standard wireless-chest-strap heart-rate monitoring system
- Standard AccuTrack contact heart-rate monitoring system



Pro Sports Control Panel



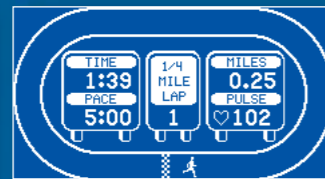
High-Tech Entertainment Center not shown

The Pro Sports panel features a two-color, hi-definition, motivational display.

PERSONALIZED DISPLAY



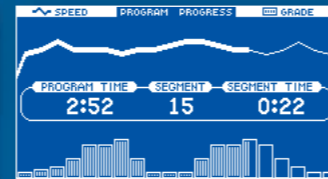
TRACK DISPLAY



STATISTICS DISPLAY



PROGRAM DISPLAY



- Numeric keypad for easy data entry
- 5 Built-in programs with variable time, speed and elevation
- 5 User-defined programs
- Displays data in English or metric configurations
- Standard wireless-chest-strap heart-rate monitoring system
- Optional AccuTrack contact heart-rate monitoring system

Pro Control Panel



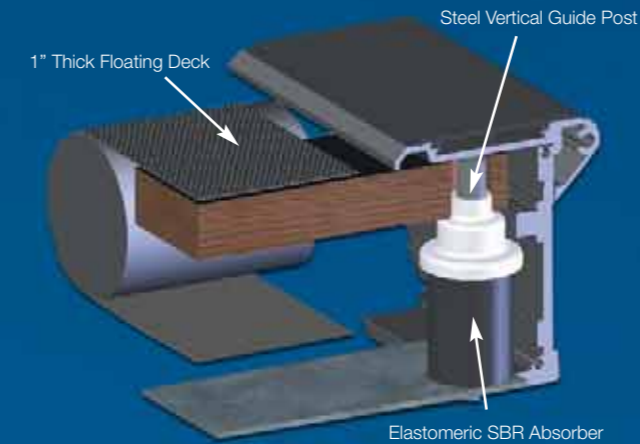
High-Tech Entertainment Center not shown

The Pro panel features built-in and user-defined programs with an easy to use LED display.

- Statistics display showing: Time, Distance, Speed, Elevation, Calories, Pace and Optional Pulse
- Dedicated Speed Display
- 5 Built-in programs with variable time and speed
- 2 User-defined programs
- Optional AccuTrack contact heart-rate monitoring system
- Optional wireless-chest-strap heart-rate monitoring system

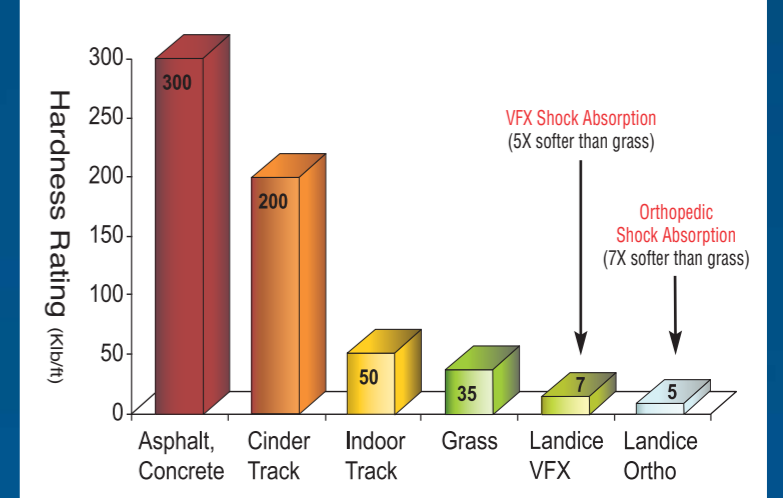
LANDICE SHOCK ABSORPTION SYSTEMS

Landice is the industry leader in treadmill shock absorption. Our system is based on the latest medical research to provide optimal comfort, smoothness and reliability while reducing the risk of injury.



Located beneath the deck, six elastomeric SBR absorbers are specifically tuned to a runner's stride. Landice's unique steel guide-post design guides the deck in the vertical direction eliminating side-to-side motions which can be harmful to joints and knees.

Landice offers two levels of shock absorption.



VFX SHOCK ABSORPTION SYSTEM - 5 TIMES SOFTER THAN GRASS (Standard)

Designed for walkers and runners seeking significant impact reduction while maintaining a realistic outdoor feel.



ORTHOPEDIC SHOCK ABSORPTION SYSTEM - 7 TIMES SOFTER THAN GRASS (Optional)

Provides the ultimate reduction of impact on joints and knees.



Landice Vision System

Turn your L Series Treadmill into an entertainment center with the Landice Vision System. Our gorgeous 15-inch liquid-crystal display includes a side-loading DVD player and a built-in TV tuner.



Stream movies and digital content to the display with our optional iPod audio/video cable

The Landice Vision System carries the display manufacturer's 1-year parts warranty. iPod not included.

Landice Tablet Bracket

Enjoy all the internet has to offer with the Landice Tablet Bracket. Our proprietary adjustable clamp securely holds your iPad, Android tablet, or electronic reader in the perfect position for surfing the internet or viewing your favorite digital content. Mount and dismount your digital device in less than a second.



Changes size to hold a variety of devices in vertical or horizontal positions.

Six degrees of freedom allows station to tilt, move up and down, forward and back, in order to achieve your perfect ergonomic position.

iPad, iPod, Android tablet, electronic reader not included.



Plug your TV cable directly into the bottom of our treadmill to watch your favorite shows



Mount your own TV or computer monitor with our optional VESA-D bracket.



Stream movies and digital content to the display with our optional iPod audio/video cable.



Changes size to hold digital device in either vertical or horizontal positions.



Six degrees of freedom allows unit to tilt, move up and down, forward and back.



Adapts to a wide variety of different size devices.

[Life•time] [War•ran•ty]

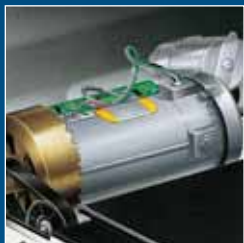
noun: The period of time during which an individual is alive.

noun: A legally binding guarantee attesting to the quality and durability of a product.

All Landice residential treadmills feature an assignable bumper-to-bumper Lifetime Warranty on all parts, including wear items.

It's about the Details

Landice has manufactured treadmills for over 40 years. We have placed over 100,000 treadmills in the harshest commercial environments. Because we use the same time-tested commercial grade components in all our products, only Landice can offer a Lifetime Residential Warranty.



American-made 4 horsepower continuous-duty drive motor provides 0.5 mph to 12 mph speed range.

▶ **Runs cooler, lasts longer.**



Compare our cast metal end caps to our competitor's plastic ones.

▶ **Never break when stepped on.**



1000-pound thrust elevation motor is 33% stronger than the nearest competitor's.

▶ **Smooth operation, extended life.**

Molded iPod® pocket with non-slip Landice PodGrip™ surface.

▶ **Keeps your iPod® conveniently in place.**



1-inch thick, reversible deck with 4-ply treadbelt.

▶ **Maintenance-free durability.**



Rust-free aluminum frames with up to a 500 pound user weight capacity.

▶ **Built to last a lifetime.**



If you are looking for a treadmill from a company that makes lifetime commitments, call 1-800-LANDICE



sales@landice.com ▪ www.landice.com ▪ 800-LANDICE



MADE IN THE USA