



KIDS QUICK CIRCUIT

Did you know that approximately 80% of children who were overweight at age 10-15 years were obese adults at age 25? And, did you know that 18.8% of children 6-11 and 17.4% of children 12-19 are obese? According to the CDC website, obesity is a major problem facing our kids today, both with immediate health concerns and with health problems later in life.

Quantum Fitness has addressed the growing health issue with the Quantum Kids Quick Circuit. The Quick Circuit is specifically designed for the needs of children, and is a safe, fast, effective training circuit. The Quick Circuit is great for children from elementary age on, and is easy to use for users of all sizes and physical conditions. In addition, Quantum Fitness provides a complete interactive workbook outlining the Quick Circuit program that is full of helpful information and workout ideas.

FEATURES

- Small, fun and easy to use
- Specifically made for the biomechanical needs of children
- Each unit works two opposing muscle groups giving twice the workout in half the time
- Uses an adjustable resistance system providing an effective workout while protecting the user from injury by over exertion
- Small and compact taking up the least amount of floor space
- Features transport wheels allowing facilities to easily move units around for workout or storage flexibility
- Simple design means less maintenance and less downtime



Quantum's Quick Circuit defines power training

1. Trains muscles to produce forces quickly
2. Enhances kids' daily activities and sports performance
3. Maximizes weight loss and muscle toning



Perfect for facilities with limited space or budget and users with limited time

Quantum Quick Circuit machines are budget friendly, non-intimidating, safe, self-progressing, easy to use, space saving and low maintenance

Schools promoting health and fitness programs in their curriculum

Health Clubs adding another family component to their facility

Community Centers striving to address and market the total family fitness concept

Wellness Centers desiring the most effective and safest means of addressing childhood obesity and the illnesses associated with it



Kids Quick Circuit



[QKA-9031] Vertical Chest Press/Row



[QKA-9032] Pec/Rear Delt



[QKA-9033] Shoulder Press/Lat Pull



[QKA-9034] Arm Curl/Triceps Extension

"We are amazed at how much improvement we are seeing and the sense of accomplishment!"



[QKA-9035] Abdominal/Back



[QKA-9036] Seated Leg Curl/Leg Extension



[QKA-9037] Inner/Outer Thigh

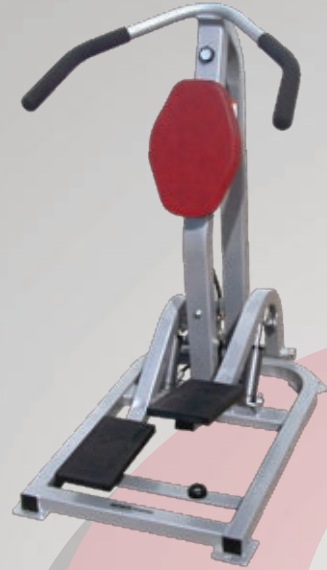


[QKA-9038] Leg Press

Kids Quick Circuit



[QKA-9039] Shoulder Left/Triceps Press



[QKA-9060] Stepper



[QKA-9071] Torso Rotation



[QKA-9072] Seated Safety Squat

"The power to change how you enjoy life."



[QKA-9074] Total Power

The Total Power incorporates the six most commonly desired exercises into a compact 6' x 3' space!

With adjustable speed dials, the Total Power is great for a variety of exercise goals such as increasing range of motion, muscle toning and strength training. Because the intensity of the resistance is never higher than the force applied by the user, the Total Power is a safe and effective exercise system for all age groups and fitness levels.

The Total Power is ideal for schools, health clubs, rehab centers, community centers and residential settings.



TREADMILL



ELLIPTICAL



STRENGTH



ADULT QUICK

To see our other fitness equipment visit www.quantumfitness.com

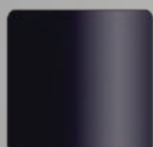
Model #	Description	Dimensions	Weight
QKA-9031	Vertical Chest Press/Row	48 x 40 x 47 in/122 x 102 x 119 cm	120 lb/54 kg
QKA-9032	Pec/Rear Delt	48 x 55 x 47 in/122 x 140 x 119 cm	140 lb/64 kg
QKA-9033	Shoulder Press/Lat Pull	48 x 33 x 47 in/122 x 84 x 119 cm	120 lb/54 kg
QKA-9034	Arm Curl/Triceps Extension	46 x 33 x 30 in/117 x 83 x 76 cm	60 lb/27 kg
QKA-9035	Abdominal/Back	53 x 32 x 49 in/135 x 81 x 124 cm	80 lb/36 kg
QKA-9036	Seated Leg Curl/Leg Extension	54 x 34 x 47 in/137 x 86 x 119 cm	140 lb/64 kg
QKA-9037	Inner/Outer Thigh	55 x 33 x 47 in/140 x 84 x 119 cm	120 lb/54 kg
QKA-9038	Leg Press	74 x 33 x 43 in/188 x 84 x 109 cm	120 lb/54 kg
QKA-9039	Shoulder Lift/Tricep Press	48 x 32 x 47 in/122 x 81 x 119 cm	120 lb/54 kg
QKA-9060	Stepper	37 x 25 x 47 in/94 x 64 x 119 cm	140 lb/64 kg
QKA-9071	Torso Rotation	55 x 33 x 58 in/140 x 84 x 147 cm	140 lb/64 kg
QKA-9072	Seated Safety Squat	52 x 33 x 55 in/132 x 84 x 140 cm	120 lb/54 kg
QKA-9074	Total Power	56 x 40 x 51 in/142 x 102 x 150 cm	190 lb/86 kg

All dimensions are listed: Length x Width x Height

FINISHES



White



Black



Silver



Pewter

WARRANTY

frame - Lifetime

all moving parts - 5 years

cylinders - 3 years

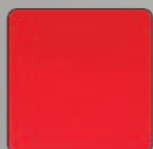
handgrips, paint, misc parts not listed - 1 year

upholstery - 6 months

UPHOLSTERY



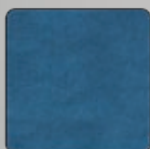
Almond



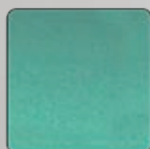
American Beauty



Marina



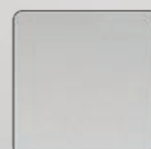
Colonial Blue



Jade



Raintree



Dove



Greystone



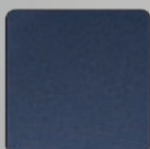
Cranberry



Chestnut



Quantum Blue



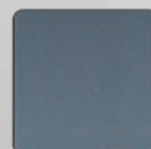
Navy



Dark Nile



Dark Green



Graphite



Black