

## Product Specs

<b>QWT-145</b>	<b>Power Crunch 1200</b>	<i>standard finish</i>
Dimensions:	43 x 67 x 38 in	109 x 170 x 97 cm
Weight:	150 lb	68 kg
<b>QWT-150</b>	<b>Power Crunch 1500</b>	<i>standard finish</i>
Dimensions:	58 x 67 x 34 in	146 x 170 x 86 cm
Weight:	170 lb	77 kg
<b>QES-2020</b>	<b>Power Crunch 2000</b>	<i>standard or premium finish</i>
Dimensions:	63 x 67 x 38 in	160 x 170 x 97 cm
Weight:	420 lb	191 kg
<b>QES-2021</b>	<b>Power Crunch 2500</b>	<i>standard or premium finish</i>
Dimensions:	63 x 77 x 34 in	160 x 196 x 86 cm
Weight:	440 lb	200 kg
<b>Frames:</b>	2 x 2" and 2 x 3" 11 gauge American-made tubing	

## Features

- Larger bent steel tubing for maximum stability and sleek new look.
- Precision ball bearings provide smooth, quiet operation with extended durability.
- Wide pads provide increased body support and comfort.

## Warranty

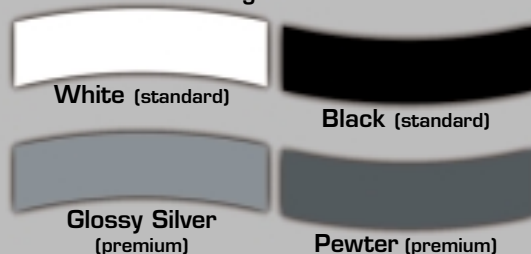
Lifetime – frame; 5 years – all moving parts; 1 year – belts, cables, hand-grips, paint, miscellaneous parts not listed; 6 months – upholstery.

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## Finishes

Metal surfaces are put through a rigorous treatment and state of the art multi-step powder coating system for maximum coating adhesion.



## Upholstery

Marine grade upholstery is double top stitched with superior grade corrosion resistant thread.



# POWER CRUNCH SERIES



**QUANTUM**<sup>®</sup>

*Enhancing the Quality of Life*



## Power Crunch 1200

### Finally - Simultaneous Activation!

Our patented dual pivot point design allows for both upper and lower crunch movements to be performed together. Simply pull with your feet and upper body.

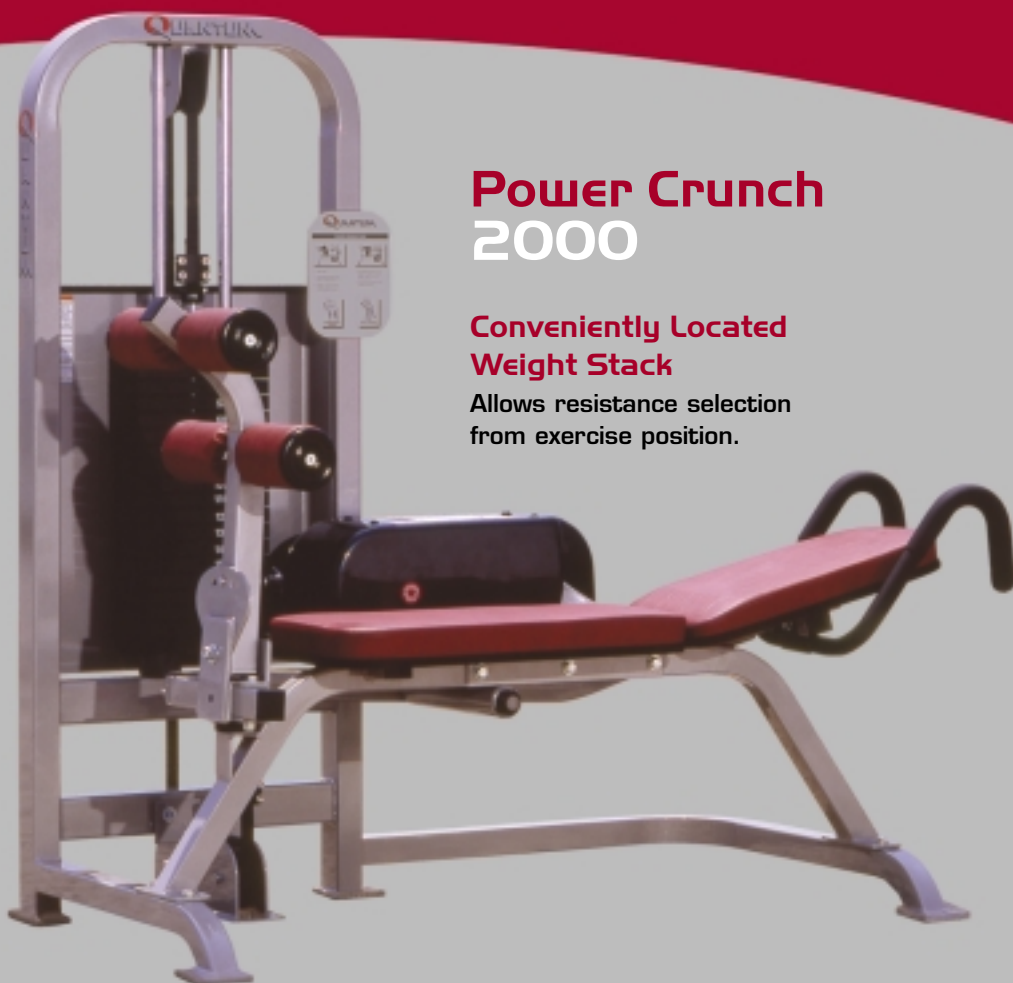
### Scientifically Proven

University lab tests prove that the Power Crunch, on average, created 52% more muscle activity by the abdominals.

MAXIMUM ABS...

### Exclusive Oblique Isolation

Side to side adjustment allows for isolation of the internal and external oblique musculature.



## Power Crunch 2000

### Conveniently Located Weight Stack

Allows resistance selection from exercise position.

### Semi-Recumbent

Exercise position now enables even the deconditioned to take advantage of the Power Crunch patented isolated abdominal movement.



## Power Crunch 1500

### Deconditioned To Advanced Protocols

Unique foot bar design allows for the first time for eccentric (negative) loading of the abdominals through a combination crunch and leg press motion.

### Walk Through Design

For easy entry and exit.

MINIMUM TIME.

## Power Crunch 2500

### Unique Design

Eliminates the need for seat adjustment while providing correct body positioning and stabilization.

